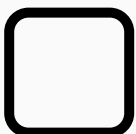
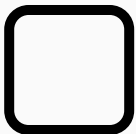
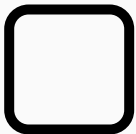
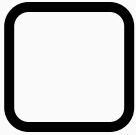
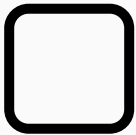
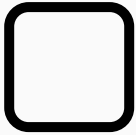
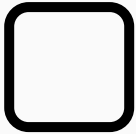
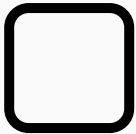
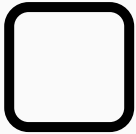
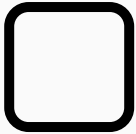


10 THINGS TO HELP YOU PREPARE FOR DISCHARGE



1

Date and Time

Find out the date and time of your discharge and make arrangements for transportation if necessary.



2

Understand the Process

It may include going over your discharge plan, arranging any aids or equipment you may need or filling a prescription.



3

Ask Questions

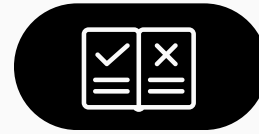
If you are going home, find out what might help you recover comfortably.



4

Activities

Ask what activities you can or cannot do such as lifting, driving or housekeeping tasks.



5

Warning Signs

Find out the warning signs you should look out for to determine when to call a healthcare professional or return to the hospital.



6

Follow Up Appointments

Record any appointment dates in your phone or calendar, along with any special instructions for these appointments. You will need a rehabilitation team in place.



7

Assessability

Is your home going to be accessible? Make sure you have your house keys.



8

Take Your Belongings

It's important to remember to wear loose clothing when you leave and to take all of your personal belongings with you.



9

Notify Your Lawyer

If you have retained a personal injury lawyer, make sure to inform them that you are being discharged.



10

Medical Documentation

Don't be afraid to ask for your medical documentation or a sick note from the treating doctor as you may need it.

